

Special Diets Registration Form

King Solomon Christian Camp

This form is for campers and volunteers with food allergies and intolerances. Please do not use this form for food preferences. A food allergy is an immune system reaction to certain food(s). An intolerance is a digestive system response resulting in gas, stomach cramps, or diarrhea.

Name _____

Phone # _____ e-mail _____

Camp(s) attending _____

King Solomon Christian Camp serves thousands of meals a year to campers, volunteers, and employees. We strive to make every meal as nutritious and cost effective as possible. With those goals in mind, we are able to provide limited options for people requiring special diets. Accommodations for the following food allergies or intolerances can often be met by the camp kitchen. Please check box for allergy or intolerance, (up to 3 total). Beyond 3 diet requirements, or if this form does not address your dietary needs, please call the camp.

Allergy | Intolerance

If Dairy or Egg Allergy/Intolerance please further specify:

- No, I can **NOT** have **ANY** items containing dairy:
(NO cheese, milk, yogurt, milk in baked goods, etc)
 - Yes, I can have items with dairy **baked** in them:
(I eat breads, pancakes, cookies, etc)
 - No, I can **NOT** have **ANY** items containing egg:
(NO mayo, eggs used in baked goods, etc)
 - Yes, I can have items with egg **baked** in them:
(I eat pancakes, waffles, muffins, cookies, breads, etc)

Dye free (indicate color: _____)

We understand that some campers and volunteers may require extraordinarily specialized meals beyond the above mentioned. If a food allergy requires food to be brought from home, it should be packaged in individual serving containers. A refrigerator will be available for special diet needs, and a microwave is available for heating, but kitchen space is not available for food preparation due to KSDA regulations.

If a camper is unable to manage his or her own food requirements (choosing between foods packed for them, preparing the food brought from home, etc), then a designated volunteer must be prepared in advance by the parent or home church to assist with those needs.

Return this to KSCC along with your registration form ASAP. If you have questions or needs that this form does not address (diabetes, etc), please call the camp at 785-655-3859.